

OPEN GYM/STUDIO

OPEN GYM TIMES

	AM	PM
MONDAY	N/A	17:00-18:00 19:00-21:00
TUESDAY	N/A	19:00-21:00
WEDNESDAY	06:00-07:00	17:00-18:00 19:00-21:00
THURSDAY	06:00-07:00	19:00-21:00
FRIDAY	N/A	17:00-21:00
SATURDAY	06:00-09:00 10:00-12:00	12:00-17:00
SUNDAY	08:00-09:30 10:30-14:00	

OPEN STUDIO TIMES

	AM	PM
MONDAY	06:00-08:00	17:00-21:00
TUESDAY	N/A	17:00-21:00
WEDNESDAY	N/A	18:00-21:00
THURSDAY	N/A	17:00-21:00
FRIDAY	N/A	18:00-21:00
SATURDAY	N/A	12:00-17:00
SUNDAY	08:00-14:00	

Our Open Gym Membership gives users access to The Gym & The Studio at MOVE during the times above. Each member has a unique code which will enable them to book time slots in the desired space.



INFO@MOVEBATH.CO.UK
WWW.MOVEBATH.CO.UK